

God's secret formula for changing your attitude
(Philippians 4:4-9)

Command: Always be full of joy in the Lord; I say it again , rejoice!

Command: Let everyone see that you are unselfish and considerate in all you do .

Motivation: Remember that the Lord is coming soon.

Command : Don't worry about anything; instead , pray about everything ; tell God your needs and don't forget to thank him for his answers .

Promise: If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus.

Closing: And now, brothers, as I close this letter, let me say this one more thing:

Command: Fix your thoughts_on what is true and good and right.

Command: Think about the things that are pure and lovely, and dwell on the fine, good things in others.

Command: Think about all you can praise God for and be glad about.

Command: Keep putting into practice all you learned from me and saw me doing.

Promise: and God of peace will be with you.